

RED FLAGS

OF INTIMATE PARTNER VIOLENCE

We are available 24/7/365

1-800-2373-1043 OR 1-800-228-1625



A person who...

- is excessively jealous and possessive
- does not respect your values or opinions
- talks over you
- humiliates and embarrasses you
- abuses alcohol and/or other substances
- degrades or objectifies women
- has a bad temper
- drives recklessly to scare you
- tries to control what you say, what you wear, your relationship with others
- makes you feel bad about yourself (calls you names, says you are stupid/ugly/can't do anything right, etc.)
- doesn't get along with your family and friends
- is quick to argue or fight with you and others
- doesn't respect your right to privacy or space
- doesn't respect your right to work or go to school
- plays mind games, is manipulative, gaslights you
- controls your finances by making you ask for money or giving you an allowance
- pressures you into doing things you don't want to do
- denies or minimizes their behavior
- blames you for their behavior

may be abusive.

DVIP & RVAP provides free and confidential services for adult and youth who are victims of domestic and sexual abuse.

Our services are available to anyone, regardless of race, gender, sexual orientation, national origin, immigration status, etc.

Serving Cedar, Des Moines, Henry, Iowa, Johnson, Lee, Van Buren, and Washington Counties in Iowa.



Safety & Dignity. Always.