

# WHAT IS ABUSE?

We are available 24/7/365

1-800-2373-1043 OR 1-800-228-1625



**Domestic violence (also referred to as intimate partner violence (IPV), dating abuse, or relationship abuse) is a pattern of behaviors used by one partner to maintain power and control over another partner in an intimate relationship.**

## TYPES OF ABUSE

### PHYSICAL

Physical abuse is any intentional, unwanted contact with you or something close to your body, or any behavior that causes or has the intention of causing you injury, disability, or death.

### EMOTIONAL/VERBAL

Emotional abuse includes non-physical behaviors such as threats, insults, constant monitoring, excessive texting, humiliation, intimidation, isolation, or stalking.

### SEXUAL

Sexual abuse refers to any behavior that pressures or coerces someone to do something sexually that they don't want to do. It can also refer to behavior that impacts a person's ability to control their sexual activity or the circumstances in which sexual activity takes place, including trafficking, controlling reproductive methods, etc.

### FINANCIAL

Financial abuse is a form of exerting control with money. It includes withholding money, stealing money, and restricting the use of finances.

**DVIP & RVAP provides free and confidential services for adult and youth who are victims of domestic and sexual abuse.**

**Our services are available to anyone, regardless of race, gender, sexual orientation, national origin, immigration status, etc.**

**Serving Cedar, Des Moines, Henry, Iowa, Johnson, Lee, Van Buren, and Washington Counties in Iowa.**



Safety & Dignity. Always.